

HAVE ME SPEAK FOR YOU

If you'd like to invite me to speak at your upcoming event, you can find out all the details on my speakers webpage.



KEYNOTES | PRESENTATIONS | TALKS | WORKSHOPS | EVENTS
#Leadership Resilience #Confidence #Subconscious #Empathy

PHOTO: NOVASOMA
COPYWRITE 2022
 ELL BALMENT

WHAT'S YOUR PREFERRED PLATFORM?



THE CLAIR SENSES

NOT ONLY FOR PSYCHICS AND MEDIUMS

Many would have us believe that our extra-ordinary senses are only reserved for a special few. However I believe that we are ALL born with them, but some of us are more aware and have tuned up the ability to use them. The good news is we can learn how to amplify and use them, which in turn helps us to manage the overwhelm of information being received through the receptiveness of our gift.

CLAIRVOYANCE

Seeing Beyond

Clairvoyance is seeing images or representations of messages. You receive pictures in your minds eye that 'come from nowhere'.



CLAIRAUDIENCE

Hearing Beyond

Clairaudience is hearing voices which can sound like having an ear piece in your head. You can tell the difference from ego & higher self by it's impartial nature, giving out instructions or clues, not demands or negative suggestions.



CLAIRCOGNIZANCE

Knowing Beyond

Claircognizance is having an intense gut feelings or instinctive knowing. It becomes apparent due to it's lack of reasoning for why you 'know' it to be true'.

You have a gut feeling, often that something is 'wrong' or a person can't be trusted.



HOW TO HARNESS YOUR INNER POWERS

The more you are open and curious about yourself, you'll find your senses start to heighten. Recognising and admitting that you have a gift, is often rewarded with an amplification immediately afterwards.

CLAIRINTELLIGENCE

Thinking Beyond

Clairintelligence is clear thinking. Wisdom that is not based on direct experience or thinking.

During conversations thoughts and words seem to just come from nowhere, not from your head or conscious thinking.



CLAIREMPATHY

Emotions Beyond

Clairempathy is sensing or recognising the presence of emotional energy.

Such an awareness of an emotion such as 'anxiety' but you don't have any reason to be anxious. You are feeling the emotion of the other person.



CLAIRSENTIENCE

Feeling Beyond

Clairsentience is actually feeling something 'on' your body created by something external.

Common experienced are goose bumps, cold chills, comb-webs around your head, which seem to be inexplicable.



IT'S NOT IN ISOLATION

It's more likely than not, that you have more than 1 developed sense. As the years have passed, more awareness has tuned up the other Clair's to add to your toolkit, with some being very sensitive and others less. They usually come in pairs.

CLAIRTANGENCY

Touching Beyond

Sensing facts and insights about people through touch alone, also known as psychometry.

You receive information by physically touching an object, person, animal, or place.



CLAIRSALIENCE

Smelling Beyond

Smelling beyond your human sense. Think of a perfumer that knows what will work together. Others can identify a smell without having come across it before.

Often used in spirit readings as a way to help reference the specific spirit through association.



CLAIRGUSTANCE

Tasting Beyond

Tasting anything in the absense of the physical food being present is Clairegustance.

Chefs knowing what flavours will go together before tasting it.

